Case Study Assignment

Interview someone who has been diagnosed with or who has been told by a doctor that they are at risk for a disease or condition related to nutrition. Be sure to cover in your interview the information below including any treatment(s) they currently undergo for this disease. After speaking with your patient, write a case study paper following these guidelines:

<table>
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<th>Section</th>
<th>Information to Include</th>
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| Introduction (patient and problem) | Explain who the patient is (age, gender, race, occupation, etc.- NO NAMES, Initials are OK)  
Explain what the problem is (diagnosis, symptoms, what happened?) |
| Patient History         | Patient lifestyle (nutrition, exercise, smoking, etc)                                   
Other health problems |
| Pathophysiology         | Explain the disease  
Symptoms  
Risk Factors  
Cause(s)?  
Treatment(s)  
Use peer-reviewed literature and/or primary sources (at least 2) and a minimum of 5 total sources to discuss the relationship between nutrition and the disease (your textbook cannot be counted as one of the 5 although it could be a 6th source)  
• The NLC librarians have created a “LibGuide” for this assignment to help you find reliable and reputable sources. The link is listed in the assignments module and under the “Library Information” module. |
| Conclusion              | Describe what you have learned about the disease from the peer-reviewed literature and other references, and from the person that you interviewed. |
| List of References      | APA Format (LibGuide can help you with writing correct citations as well) |

This case study should be 4-6 pages, typewritten (12-point font). The largest section is the pathophysiology section where you utilize your research and references most heavily. Grammar and spelling count for ~15% of final grade.